Office of Mental Health Services
Informatics Section

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MHA Development Plans Status—Last Year’s Status

- Reorganization of OI&T
- Continued restrictions in IT development budget
  - Prioritized but not funded in FY07, FY08, FY09
- Received approval to fix defects in MHA—patches YS*5.01*96, *97 and *98
- Working with TBI group to provide enhancements for evaluating veterans with TBI (special funds)
Informatics and the Uniform Mental Health Services Package—Last Year’s Status

- Identify elements that require informatics support to implement and/or measure
  - Identification of Principal MH Provider
- Develop comprehensive IT requirements, rather than piecemeal
- Provide continued support to clinical program initiatives
Introduction of Operations Planning—FY10

- FY10, Secretary’s T21 Transformational Initiatives
- Deputy Secretary oversees Operational Plans for initiatives (now 13 distinct initiatives)
- Enhance Mental Health of Veterans
- Integrated “project management” approach
- OI&T funding prioritized in alignment with Operations Plans—major shift in funding approach
IT Elements in MH Op Plan

- 14 elements in Mental Health Operations Plan identified as requiring IT support
- 7 of those elements identified as “mature and critical” for FY10—funded IT projects
- 7 elements unfunded due to maturity level—needing more requirements development
  - Working to identify alternative approaches
  - Develop requirements to attain maturity for future funding
Funded IT Projects

- MH Enhancements & Outcomes Monitoring
  - Content (new instruments)
  - Enhancements that have been prioritized but unfunded
  - National data roll-up
- My Recovery Plan
- Identification and Tracking of High Risk for Suicide patients—clinical reminder
- Principal Mental Health Provider
Unfunded Projects

- Behavioral Health Lab software—support PC/MH Integrated Care initiative (Class III–Class I)
- Treatment Planning Software (License approved for non–IT acquisition)
- Web–based tools for EBT support (EES funding for staff piece)
- Enhancements to Suicide Hotline application (field based development)
- Tracking utilization of EBT
- Registry for Complementary and Alternative Medicine
EBT Templates

- Templates for 6 initiatives
  - PE Individual
  - CPT Individual
  - CBT Individual
  - ACT Individual
  - Family Psycho-ed
  - Social Skills Training

- Piloting for usability feedback
- Planned national roll out in fall
Patient completed final session of PE protocol. Check if completed and provide explanation for items with text boxes.

Session involved:

- ✔ Reviewing homework and giving feedback and praise/positive reinforcement. Patient completed the following homework assignments from last session (check all that apply)
  - Breathing Retraining practice: Number of times: 5
  - Listening to session tape of one full session one time
  - Listening to imaginal session tape daily Comment:
  - Completing in vivo homework exercises.
    - **If all assignments were not completed, please indicate which assignments were completed and which were not.**
  - Other:
    - If homework was not completed please indicate why, focusing on possible role of avoidance. Please indicate which components of HW were not completed and the patient's reasons.

Patient reported the following about their homework assignments

- ☐ Patient reports that they did not complete homework
- ☐ Goals for continuing with exercises:

- ✔ Giving instructions for imaginal exposure as needed, going back for full memory for final exposure session

- ✔ Revisiting the traumatic experience through imaginal exposure for 30-45 minutes and making a separate recording. Patient completed number of repetitions of the memory:
  - number of repetitions: 2

- ✔ Processing imaginal exposure for that session as well as discussing how memory has changed over the course of treatment. Patients reponse to processing included:
  - Comment: XXXX

- ✔ Reviewing gains in treatment. These included: Comment: XXXX

- ✔ Reviewing in vivo hierarchy from session 2. re-assessing SUDS at present.

Time in Session
(in minutes) 90
Session Number:
Number: 10
Session Format: Prolonged Exposure Therapy

Health Factors: PEI 1 CONTENT SESSION PEI 5 CONTENT HMRK, PEI 5 CONTENT HMRK BREATHING, PEI 5 CONTENT HMRK IMAGINAL, PEI 5 CONTENT HMRK IN VIVO, PEI 5 CONTENT HMRK LISTENING, PEI 5 CONTENT MEMORY CHANGE, PEI 5 CONTENT REVISIT, PEI 5 CONTENT TREATMENT GAINS, PEI 5 DIAGNOS
OMHS Web Services Division

- Provides strategic direction and coordination for all Internet and Intranet web sites managed and maintained by OMHS and its organizational units.
- Coordinates the development and evaluation of web based patient education and self-management resources available to Veterans through the MyHealtheVet Personal Health Record.
- Coordinates the development and evaluation of technology-based clinical training resources available to VA staff through the VA Employee Education System (EES).
**Military Sexual Trauma**

The Veterans Health Administration is working hard to spread the word about the services it has available for Veterans, women and men, who have experienced Military Sexual Trauma (MST).

Experiences of MST can affect Veterans’ mental and physical health even many years later and is associated with conditions such as posttraumatic stress disorder, depression and substance abuse. MST can also lead to physical health problems such as headaches, gastrointestinal difficulties, sexual dysfunction, chronic pain, and chronic fatigue.
My Recovery Plan

Set My Recovery Goal

Basic Information

* Indicates Required Information

Goal Name*

Goal Description

Goal Category*

- Personal
- Living Situation
- Work
- Leisure Activity
- Relationships
- Other

Goal Priority*: Select One

Start Date*: Mar 04 2010

Goal Completion*: Select One

If you choose "Has a Target Date", please select an "End Date" below.

End Date: month dd yyyy

See Some Examples:
- Dating
- Living in a Care Facility
- Get My Own Place to Live
- Go to College
- Living at Parents House
- Be More Social
- Get a Job

WHAT YOU CAN DO FROM HERE:

Goals
- Goals Overview
- View My Recovery Update
- View Goals
- Completed Goals

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