2010 Update on Services for Veterans with Substance Use Disorders

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Issues to be Covered

- Status of SUD Program
- Recent Significant Events
- Current Initiatives
Status of SUD Program
Number of Outpatients with SUD Diagnoses (FY02-FY09)
Prevalence of SUD Diagnoses

![Graph showing prevalence of SUD diagnoses over fiscal years 2002 to 2009. The graph displays three lines representing alcohol only, drug only, and both alcohol and drug diagnoses. The number of patients increases steadily over the years.]
Diagnoses by Drug of Abuse

The graph shows the number of patients diagnosed with various drugs of abuse from FY2 to FY9. The categories are Cocaine (blue diamonds), Opioids (purple squares), Cannabis (green triangles), and Amphetamines (red Xs). The number of patients increases over time for all categories, with Cocaine and Opioids showing the most significant increase.
Pharmacotherapy for AUD FY07: (Harris et al. Psychiatric Services 4/10)

Figure 1
Rates of Pharmacotherapy in Patients with Alcohol Use Disorders With (+) and Without(-) Specialty Care Contact in 128 VHA Facilities (FY07)
Number of Patients Receiving SUD Specialty Treatment

[Bar chart showing the number of patients receiving SUD specialty treatment from FY02 to FY09.]
2006 & 2008 SUD Program FTEE Comparison by Position Type

Total FTEE

- Prescribler: FY06 294.4, FY08 312.9
- Licensed: FY06 551.2, FY08 683.5
- Nursing: FY06 574.3, FY08 626.6
- Counselor: FY06 762.9, FY08 937.3
- Pharmacist: FY06 24.129.3, FY08 370.4
- All Other: FY06 30.7, FY08 305.7

* FY06
** FY08
## 2006 & 2008 24-Hour Care FTEE Comparison by Position Type

<table>
<thead>
<tr>
<th>Position Type</th>
<th>2006 DAPS Total FTEE* N=84**</th>
<th>2008 DAPS Total FTEE* N=76**</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prescribing staff: Psychiatrist, Physician, Physician Assistant &amp; Nurse Practitioner</td>
<td>124</td>
<td>95</td>
<td>-23%</td>
</tr>
<tr>
<td>LIP Counselor: Psychologist (Ph.D. or Psy.D.) &amp; Social Worker (MSW, CSW, ACSW etc.)</td>
<td>224</td>
<td>203</td>
<td>-9%</td>
</tr>
<tr>
<td>Nursing Staff: RN, Clinical Nurse Specialist, LP Nurse, LV Nurse &amp; Nursing Assistant</td>
<td>368</td>
<td>387</td>
<td>5%</td>
</tr>
<tr>
<td>Non-LIP Counselor: Addiction Therapist, Counselor (non-MSW), Recreational Therapist, Vocational Rehab. Specialist, Psychology/Social Work/Rehab. Tech or Aide.</td>
<td>377</td>
<td>486</td>
<td>29%</td>
</tr>
<tr>
<td>Pharmacist</td>
<td>4</td>
<td>5</td>
<td>25%</td>
</tr>
<tr>
<td>All Other Staff: Secretary, Administrative Assistant, Clerk &amp; other staff</td>
<td>202</td>
<td>145</td>
<td>-28%</td>
</tr>
<tr>
<td><strong>TOTAL FTEE</strong></td>
<td>1298</td>
<td>1321</td>
<td>2%</td>
</tr>
</tbody>
</table>

*Note: 24-hour care includes residential and inpatient SUD treatment programs.*

*These totals reflect FTEE (Full-time equivalent employees) based on-site.*

**Total number of 24-hour care SUD treatment programs.*
### 2006 & 2008 Outpatient FTEE Comparison by Position Type

<table>
<thead>
<tr>
<th>Position Type</th>
<th>2006 DAPS Total FTEE* N=139**</th>
<th>2008 DAPS Total FTEE* N=185**</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prescribing staff: Psychiatrist, Physician, Physician Assistant &amp; Nurse Practitioner</td>
<td>171</td>
<td>218</td>
<td>28%</td>
</tr>
<tr>
<td>LIP Counselor: Psychologist (Ph.D. or Psy.D.) &amp; Social Worker (MSW, CSW, ACSW etc.)</td>
<td>328</td>
<td>481</td>
<td>47%</td>
</tr>
<tr>
<td>Nursing Staff: RN, Clinical Nurse Specialist, LP Nurse, LV Nurse &amp; Nursing Assistant</td>
<td>206</td>
<td>240</td>
<td>16%</td>
</tr>
<tr>
<td>Non-LIP Counselor: Addiction Therapist, Counselor (non-MSW), Recreational Therapist, Vocational Rehab. Specialist, Psychology/Social Work/Rehab. Tech or Aide.</td>
<td>386</td>
<td>452</td>
<td>17%</td>
</tr>
<tr>
<td>Pharmacist</td>
<td>20</td>
<td>24</td>
<td>18%</td>
</tr>
<tr>
<td>All Other Staff: Secretary, Administrative Assistant, Clerk &amp; other staff</td>
<td>169</td>
<td>161</td>
<td>-5%</td>
</tr>
<tr>
<td>TOTAL FTEE</td>
<td>1279</td>
<td>1575</td>
<td>23%</td>
</tr>
</tbody>
</table>

Note: These data include intensive outpatient and standard outpatient SUD treatment programs.
* These totals reflect FTEE (Full-time equivalent employees) based on-site.
** Total number of intensive outpatient and standard outpatient SUD treatment programs.
Significant Recent Events

• Successful conclusion of GAO review of SUD program
• VA-DoD Guideline on SUD
  – www.healthquality.va.gov
• Clinical Guidance on SUD-PTSD Specialist
  – vaww.national.cmop.va.gov/MentalHealth/default.aspx
• Implementing Brief Addiction Monitor (BAM)
• Methadone maintenance safety alert
In-Progress and Upcoming (1)

- Pilot testing of self report screen for drug abuse
- Directive and clinical guidance on medical marijuana
- Direct biomarkers of alcohol use study
In-Progress and Upcoming (2)

- SUD collaboration with Homeless Care Line
- Selection of SUD deputy
- Regional IOP conference and training