

Department of Veterans Affairs

VA PSYCHOLOGY LEADERSHIP CONFERENCE

April 26, 2008

Psychosocial Rehabilitation and Recovery Services

Kendra R. Weaver, Psy.D.
Acting Associate Chief Consultant
Psychosocial Rehabilitation and Recovery Services Section
(Kendra.Weaver@va.gov)

System Transformation

 VHA mental health services will be recovery oriented and promote the opportunity for all veterans with a mental illness to achieve important personal goals and to be valued members of their communities.

Steps toward Transformation

National Recovery Coordinator

 National Recovery Advisory Committee

 Full-time Position of Facility Local Recovery Coordinators (LRCs)

Steps toward Transformation

- Program Directors in PSR Section
 - Therapeutic & Supported Employment Services (TSES)
 - Local Recovery Coordinators (LRCs)
 - Psychosocial Rehabilitation and Recovery Centers (PRRCs)
 - Peer Support
 - Family Services
 - Consumer & Liaison Services

May 2007 PSR&RS Organizational Chart

Robert Gresen, Ph.D. Associate Chief Consultant for Psychosocial Rehabilitation and Recovery Services

Anthony Campinell, Ph.D.
Director for
Therapeutic and Supported
Employment Services

Susan McCutcheon, Ed.D. Program Manager

(Vacant) Program Manager

(Vacant) Program Manager

(Vacant) Health System Specialist

(Vacant) Health Systems Specialist

> Syvonne Carter Program Assistant

Ralph Zaccheo, MBA Administrative Officer

Frederick Lee Rehab Planning Specialist,. CWT & IT

Charles McGeough
Program Specialist, Marketing

Donna Tasker Health Systems Specialist

> Judith Patten Program Specialist

April 2008 PSR&RS Organizational Chart

VICE Gresen Associate Chief Consultant for Psychosocial Rehabilitation and Recovery Services

Susan McCutcheon, Ed.D.
Director
Family Services, Women's
MH & MST

David Carroll, Ph.D Director Recovery Services

Timothy Smith, Ph.D Director Outpatient Services

Daniel O'Brien-Mazza Director Peer Support Services

Peggy Henderson, Ph.D Director Consumer Liaison Services

Suzan Hoopengarner-Shonk Program Assistant to Associate Chief Anthony Campinell, Ph.D.
Director for
Therapeutic and Supported
Employment Services

Ralph Zaccheo, MBA Administrative Officer

Frederick Lee Rehab Planning Specialist,. CWT & IT

Charles McGeough Program Specialist, Marketing

Donna Tasker Health Systems Specialist

> Judith Patten Program Specialist

National Training Conferences

- Peer Support: August 1-3, 2007
- PRRC: January 15-17, 2008
- LRC: February 5-7, 2008
- Consumer Councils: June 24-26, 2008
- National MH: July 21-24, 2008
- Peer Support: August 26-28, 2008
- Individualized Recovery Planning: September 16, 2008 satellite
- TSES: multiple dates

Other Training & Education

- Mental Illness Awareness Week: October 5-11, 2008
- Conference Tuition/Registration Assistance
- LRCs
- PRRC CARF Training w/RRTP:
 July 8-9, 2008; August 7-8 & 25-26, 2008
- Social Skills Training w/EBT: multiple dates

Ongoing Educational Initiatives

 Interprofessional Fellowship Program in Psychosocial Rehabilitation for trainees in mental health professions funded by OAA

(Bedford, Palo Alto, West Haven, Durham, San Diego, Waco, Little Rock)

Clinical supervisor training

Policy Development

 Specifications: Uniform Mental Health Services Package

- PSR&RS Section Handbook
 - National Templates
 - Standardized Criteria

Therapeutic & Supported Employment Services

- Consultations available to all veterans at all facilities
- Each medical center to offer CWT with both Transitional & Supported Employment services for veterans who meet criteria
- Each CBOC to provide access to CWT
- Services provided through referral to residential facilities to enable access

TSES Works in Progress

 50,000 veterans received vocational rehabilitation & support services in FY07 through 250 TSES programs

 8000 veterans with psychosis participated in Supported Employment in FY07

2 National MOUs were drafted

Local Recovery Coordinators

- Full-time position at 156 medical centers
- Reporting to MH care-line leader or equivalent
- Leading the transformation of MH services to a recovery-based system of care
- Duties: education, consultation, and incorporating input from veterans, families, VA staff, and VA leaders regarding recovery needs and expectations
- Up to 25% of their time for providing direct clinical recovery-oriented services

LRC Works in Progress

- 139 positions currently filled: 58 psychologists, 15 nurses, 4 psychiatrists, and 62 social workers
- Twice monthly conference calls
- Appointment of VISN LRC Point of Contact
- Development of a local facility 3-5 year recovery implementation plan

Psychosocial Rehabilitation and Recovery Centers

- Centers where veterans with SMI can explore & pursue recovery options
- PRRC programming to provide veterans with SMI and severe functional impairment the avenue to define and pursue life goals that include meaningful roles in the community
- PRRC programming to focus on helping veterans develop the requisite skills required to realize their self-determined recovery goals

PRRC Works in Progress

- 26 VACO-funded or partially funded PRRCs
- 68 facilities with DTC or Day Hospital Programs to transform to PRRCs
- 17 facilities with 1500 or more veterans on the NPR to build PRRCs
- 16 facilities with between 1000 and 1499 veterans on the NPR strongly encouraged to build PRRCs

Peer Support Services

- Provided by a person who has recovered or has experienced significant recovery from SMI
- Utilizing experience of being a consumer of MH services in the context of helping others
- All veterans with SMI to have access to peer support services at their VA sites or within their communities
- 139 paid Peer Support staff at 55 VAMC sites
- 49.47% certified. An additional 13% in process of gaining certification by EOCY08

Peer Support Staff

- Must have PDs consistent with CO HR publications
- Are supervised by select MH professionals
- Are authorized to provide services only to veterans who request peer support services in tx plans
- Require co-signature in CPRS
- Use the supports provided by OMHS
- Volunteers and WOCs must meet the same requirements for training/certification and supervision in the specifications for employed Peer Support Technicians and other qualifications in the proposed handbook

Family Services

- Every veteran with a serious psychiatric illness to have the need for family services discussed with him/her at least yearly
- Identified family service needs to be incorporated into the tx plan
- Every medical center to provide a continuum of recovery services to veterans with serious psychiatric illness and their families in order to meet the objectives specified in the tx plan
 - Family Consultation, Family Education and Family Psychoeducation

Family Psychoeducation (FPE)

- A component of recovery services for individuals with SMI that focuses mainly on supporting the well-being and functioning of consumers
- 19 FPE Proposals Funded
- <u>Behavioral Family Therapy</u> Training, Supervision and Consultation Proposal to Facilitate Implementation
- <u>Multiple Family Group</u> Training, Supervision and Consultation Proposal to Facilitate Implementation

Consumer & Liaison Services

- To increase participation of consumers in planning & implementing MH care
- Consumer Councils
 - Strongly encouraged at facility level
 - Composed of consumers, family members, & other stakeholders
 - VA staff functioning as liaison to facilitate communication between Council & MH leadership

Consumer & Liaison Services

- Mental Health Executive Councils
 - Each facility required to establish & maintain
 - Representation from core MH professional disciplines & specialty VA MH programs
 - Reporting to MH service line leadership or COS
 - Improving care by coordinating communication among & between departments & specialty programs

Next Steps

- Program Expansion in FY09
- Evaluation
 - National Program Evaluation & Monitoring
 - Performance Measures
- Research
- Increased Collaboration within OMHS