

# Moving Forward in Difficult Times

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**Calmness during the storm  
is the sign of a true  
CHAMPION**

# Case Study



**We write the stories with the  
choices that are made**

**Find strength in vulnerability**  
—  
**when you have no control**

**Clear your mind of 'can't'**

**Clinical formulation?**

**Diagnosis?**

**Prognosis?**

**Treatment plan?**

Flowers



ough the



# GOAL

Transition from  
Trauma to Resilience

Why?

**YOU are a *change agent***

**Compassion: Do you  
have the fortitude to turn  
the loss into a lesson**

**Inspire: We use our joy  
as our resistance, and we  
do not give up**

**Commitment: Stop  
wishing for things,  
instead set new  
standards**

# EDI as the Cornerstone of Reimagined Practice

- Reexamining areas of focus
- Updating the road map of accountability structures to meet the needs of the time
- Continuous bi-directional engagement with disenfranchised or marginalized social groups
- Allyship, inclusion, cultural competence and courageous conversations as a central component of practice

THANK YOU





AMERICAN  
PSYCHOLOGICAL  
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# QUESTIONS?

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**NO challenge, NO change**